



ACTION CALISTHENICS INC

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IMPORTANT INFORMATION

Participant and Parents

Action Calisthenics Inc welcomes you and encourages you to enjoy our club and sport.

Action supports participants to achieve goals, participate in activities and become an active and dedicated member of the club. To help you achieve these goals it is necessary that you are clear about the commitment we ask you to make to Action.

ATTENDANCE

As a participant your attendance is important not only to training and competitions, but also to team and club events. Team managers will keep you notified of all events requiring your attendance.

It is expected that all participants:

- attend all scheduled team practices
- attend all extra practices
- attend and support all Action fundraising and club activities
- attend all competitions

Any non-attendance of any club or team event (as above) could have implications to stage placements or other participants due to competition rules. Notify your team manager as soon as it is known that you will be unable to attend any event. Your co-operation in this matter is greatly appreciated.

As parents, it is expected:

- you ensure your child's fees are paid promptly
- you ensure that your child attends scheduled team training on time
- you ensure that your child is picked up from training by an appropriate guardian upon conclusion of class

- you ensure that your child attends all competitions
- you notify the team manager as soon as possible should your child be unable to attend any class, competition or team/club event
- you encourage your child to complete the calisthenics season. If any concerns, discuss with the team manager early. As above, non-attendance could have implications to stage placements or other participants
- you assist with fundraising events to support the club keeping costs to a minimum
- you take part in Action club duty for Calisthenics ACT events.

CLASS BEHAVIOUR

Participants are expected to behave during class. Disruption in class time impacts on the whole team and results in valuable time being wasted. Participants are required to co-operate and be productive during class time.

YOUR TEAM MANAGER

- is your connection to other team members, the coach, and the Action committee
- will keep you up to date with all club and team events via Band and email. It is imperative you read all communication to stay informed
- will keep you up to date with fees payable. As above, your help in making payments promptly will ensure participation in club events is not impacted
- will advise on fundraising activities to assist with extra club costs and any interstate travel to competitions.

CODE OF CONDUCT AND ETHOS

As a member of Action Calisthenics, you agree to abide by the Code of Conduct as set out by the club. This code ensures all members and volunteers enjoy being with our club and guarantees respect for club officials, coaches and all other participants. Action values good sportsmanship.

Breaches of these codes may result in membership of Action being withdrawn.

Action Calisthenics endeavours to encourage and applaud all participants no matter what their ability. We expect the same from all participants and parents. The calisthenic goals of each member are to be respected and as a united club we will encourage progress, great or small. Our success is not measured by winning. It is the enjoyment and progress of each member, the nurturing environment of each team and being a unified club.

THEATRE ETIQUETTE

Members of Action and their families are ambassadors of the club. Our behaviour is on display at events such as competitions. Please read the 'Theatre Rules' on the Calisthenics ACT website to ensure you are aware of what is required at these times.